

# Camp Kinneret Parent Handbook 2011 (BSE)



Please keep this handbook for future reference

## Camp Personnel

Camp Director	Guy Korngold
Assistant Director	Susanna 'Shoshi' Rothschild
Program Director	Adam Ludwick
Assistant Program Director	Lorne Rembach
LIT Unit Head	Brian Rembach
Kochot Unit Head	Erin Miller
Giborim/Goshrim Unit Head	Lauren Gans

## Important Dates

Payment in Full	April 1
Forms & Waivers Completed	April 1
Baggage drop off for all 1 <sup>st</sup> & full session campers	July 5 (12pm-1pm)
1 <sup>st</sup> Session begins for LITs	July 5
1 <sup>st</sup> Session begins for Giborim, Goshrim, & Kochot	July 7
Visitor's Day (For full summer and 1 <sup>st</sup> session campers only)	July 31
Second Session Begins	August 1
Camp Ends	August 16

## Contact Information

<b>SUMMER</b>	Camp Kinneret	Tel	(819) 425 3332
	184 Rue Harrison	Fax	(819) 425 2433 (office use only)
	Mt. Tremblant, Que., J8E 1M8	Email	<a href="mailto:office@ckb.ca">office@ckb.ca</a>

To send email to campers please visit [www.ckb.ca](http://www.ckb.ca) and click on the flashing email button.

### Hours of operation of office at camp

Sunday thru Thursday	9:00am – 5:00pm
Friday	9:00am – 3:00pm
Shabbat	Closed

<b>WINTER</b>	Camp Kinneret	Tel	1 800 426 5108
	5555 Westminster Ave., #300	Tel	(514) 735 3167
	Cote St. Luc, Que., H4W 2J2	Fax	(514) 735 3833
		Email	<a href="mailto:office@ckb.ca">office@ckb.ca</a>

**WEB SITE** To see photos please visit [www.ckb.ca](http://www.ckb.ca) and click on the flashing photos button.

# A Message From Guy

Dear Campers and Parents,

I write this message as we prepare for the summer of 2011 which will represent my twelfth consecutive season as the Director of Camp Kinneret. As I reflect upon the past eleven seasons, I am most thankful for the opportunity to work with such dynamic and enthusiastic youth and I am proud to be associated with Camp Kinneret-Biluim as we celebrate our 59<sup>th</sup> season.

We are also looking forward to welcoming more campers to Camp Kinneret-Biluim than ever before. Camp Biluim, our intensive leadership development program for sixteen year old campers has been completely full since October and we have an extremely long wait list. Kinneret is pretty much full with only a smattering of spaces available here and there. We know that this is due in no small part to you. When you tell your friends about Camp Kinneret they register and we thank you very much for your continued support!

We conducted a survey following the summer of 2010 and your comments and suggestions have informed several changes for 2011. This summer we will introduce an athletics program that will surely establish Camp Kinneret-Biluim as *the* summer camp for children who enjoy a wide variety of athletic activities. Two years ago we built a sports field that has become the envy of all summer camps and this summer we will put our grass to the test! Kinneret campers will also enjoy our new Bicycling program and a greater array of activities on the waterfront.

We also embarked on a campaign to renovate our camper cabins and I am pleased to report that the progress has been incredible! Half of our cabins will be renovated prior to the summer of 2011 and work on the balance of our cabins will begin immediately following this season so that they are all ready for the summer of 2012.

Our staff team is complete. Our rate of return for staff is very high so we continue to enjoy a great deal of experience. All of our staff members are graduates of Camp Kinneret, Camp Biluim, and of our Young Judea Israel Enrichment Program. Each individual staff member brings a great deal of commitment, passion, creativity and expertise to camp and I know your child will enjoy their support, encouragement and company. The entire Kinneret staff team met at the end of January up at camp and we started planning for the summer of 2011; a summer that promises to fulfill all our greatest expectations. We are all very excited and can't wait for the season to begin.

Please carefully review the contents of this handbook and please contact me if you have any questions.

Chazak v'Amatz!  
*With Strength and Courage!*



Guy Korngold  
Director

## Baggage – First Session & Full Summer Campers

\*\*\*\* NOTE: NEW LOCATION FOR MONTREAL BAGGAGE AND BUS! \*\*\*\*

- Montreal** All first session and full summer campers from Montreal (including Giborim, Goshrim, and Kochot campers that start camp on July 7) must bring their baggage on **July 5** between **12:00pm and 1:00pm** to the old Wagar High School Parking lot located at 5785 Parkhaven Ave in Cote St. Luc (H4W-1X8).
- Toronto** All first session and full summer campers from Toronto (including Giborim, Goshrim, and Kochot campers that start camp on July 7) must bring their baggage on **July 5** to the parking lot of the Herbert H. Carnegie Centennial Centre at 580 Finch Avenue (just West of Bathurst) between **7:00am and 8:00am**.
- Ottawa** Bring your baggage with you to the bus in Montreal on your departure date for camp.

## Baggage – Second Session Campers

All second session campers will bring their baggage with them to the bus on **August 1**.



## Travel to Camp – July 5 – First Session LIT Campers

\*\*\*\*\* NOTE: NEW LOCATION FOR MONTREAL BAGGAGE AND BUS! \*\*\*\*\*

**Montreal / Ottawa** Old Wagar High School Parking lot located at 5785 Parkhaven Ave in Cote St. Luc (H4W-1X8) - departure at **1:30pm**. Please arrive no later than 1:00pm.

**Toronto & Surrounding Areas** Herbert H. Carnegie Centennial Centre Parking lot  
580 Finch Avenue (West of Bathurst) – departure at **8:00am** sharp!  
Please arrive no later than 7:00am.

**Private Transportation** All campers arriving to camp by car must arrive after **3:00pm** and before **3:30pm**.

**Note** All LIT campers are required to pack a separate overnight bag with clothing, personal effects, a bathing suit, towel, and a sleeping bag to be carried on the bus as their baggage will only arrive to camp the day following their arrival. All campers from Toronto must also carry with them, on the bus, a peanut-free lunch for the day of travel.

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## Travel to Camp – July 7 – First Session Giborim, Goshrim, & Kochot Campers

**Montreal / Ottawa** Old Wagar High School Parking lot located at 5785 Parkhaven Ave in Cote St. Luc (H4W-1X8) - departure at **1:30pm**. Please arrive no later than 1:00pm. You must bring all of your baggage for transport on July 5 (see preceding page).

**Toronto & Surrounding Areas** Campers will be accompanied by staff members and travel to Montreal by train and then by mini-van to camp. Camp Kinneret will purchase train tickets and provide more detailed information in June.

**Private Transportation** All campers arriving to camp by car must arrive after **3:00pm** and before **3:30pm**.

**Note** All campers from Toronto must carry with them, on the train, a peanut-free lunch for the day of travel.

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## Travel to Camp – August 1 – Second Session Campers

**Montreal / Ottawa** Old Wagar High School Parking lot located at 5785 Parkhaven Ave in Cote St. Luc (H4W-1X8) - departure at **1:30pm**. Please arrive no later than 1:00pm.

**Toronto & Surrounding Areas** Campers will be accompanied by staff members and travel to Montreal by train and then by mini-van to camp. Camp Kinneret will purchase train tickets and provide more detailed information in June.

**Private Transportation** All campers arriving to camp by car must arrive after **3:00pm** and before **3:30pm**.

**Note** All campers from Toronto must carry with them, on the train, a peanut-free lunch for the day of travel.

## Travel from Camp

### July 31 – End of First Session

Campers returning home at the end of the first session will travel home with their parents following Visitor's Day which will begin at 10am and end at approximately 12:30pm. The camp does not provide transportation home for 1st session campers.

### August 16 – End of Second session

\*\*\*\*\* NOTE: NEW LOCATION FOR MONTREAL BAGGAGE AND BUS! \*\*\*\*

The buses will leave camp at 8:30am and arrive to:

The Old Wagar High School Parking lot located at 5785 Parkhaven Ave in Cote St. Luc (H4W-1X8) at 10:30am.

Herbert H. Carnegie Centre in Toronto at approximately 5:00pm. The baggage will arrive at 3:00pm so you can arrive earlier to claim your child's baggage.

Campers being picked up by parents must arrive at camp at 8:30am.



## Telephone Calls

Campers are not permitted to receive or make any calls to or from camp. Parents may call their child on his/her birthday only. If your child has a birthday during the summer season, call our office the day before the birthday so that we can ensure that your child will be in the office to accept your call. Please note that communication devices of any kind (pagers, cell phones, i-phones, blackberries etc.) are strictly forbidden and should not even come to camp with your child. Please make sure you have all of their cell phones in your possession before they board the bus to camp.

## Laundry

Laundry is done once a week. Clothing should be colorfast as it is machine laundered and every item should be well labeled/marked. All campers will have the opportunity to claim lost and found articles during the summer and at the end of camp. Items that are not labeled and not claimed by the campers will be donated to a local clothing bank based in Montreal.

## Tuck & Spending Money

A portion of the camp fee is allocated to cover expenses such as tuck (treats), the camp t-shirt, the LIT sweatshirt and camp photograph. We will bill you for any medical expenses (prescriptions and such) incurred over the course of the summer and send you the receipts so that you can make a claim with your insurance company. Personal spending money, to be used by campers when we take them out on field trips, is not included in the camp fee. We suggest at least \$60 for first session LIT campers and \$20 for Giborim, Goshrim, Kochot and second session LIT campers. This pocket money can be held in the office for your camper. To do this, simply place the cash in a sealed envelope with your campers name on it and hand it to a staff member as your child boards the bus or train to camp.

## Our Menu

A Kosher caterer supplies all camp food. In addition to our regular menu, a supplementary vegetarian menu and lactose friendly options are also available. Our menus are reviewed by a nutritionist. If your child requires a special diet, please ensure that you complete the enclosed Special Diet form. Camp Kinneret is a peanut-sensitive environment. We therefore ask for your cooperation. **Please do not send food to camp with your child. We will find it and it will be confiscated.**



## Online Photos, News and Camper Mail and E-Mail

Incoming mail and email is distributed daily at camp (Monday to Friday). Campers look forward to receiving news from home and we urge you to write your campers regularly. Please provide your child with pre stamped envelopes. If you are sending a parcel, please ensure that the sender and recipient are clearly marked. All parcels will be opened by a staff member in the presence of the camper and all contraband items (like gum and food) will be confiscated. If you prefer to send emails, we are excited to tell you about our partnership with **Bunk1.com**. Bunk 1's website services are secure, easy to use, and allow you to communicate with your camper all summer long. To set up a new account and visit our Online Community:

1. Go to our website at [www.ckb.ca](http://www.ckb.ca) (Click on Camp Kinneret)
2. Click the flashing "Camp Photos / Camper Email" button \*
3. Click "Register Now"
4. Enter your Pre-Approved Registration Code: **119975CK**
5. Fill out all the required information
6. Purchase Bunk Note credits (you will need a credit card)
7. View camper pictures and send an email to your camper!

\* If you cannot find this button, go to [www.CampKinneret.bunk1.com](http://www.CampKinneret.bunk1.com) instead and continue on to the next step

\*\* For your camper's safety, please do not share the Pre-Approved Registration code above.

\*\*\* You will need to set up a separate account to view photos and send emails if you have a camper at **Biluum**.

## Frequently Asked Questions

### How do I view pictures?

Follow the instructions above except, after registering, simply sign in and click on the Photo Gallery button. Photos are kept in folders found on the left side of the page below the words "Image Folders". Click on any folder to see the pictures within that folder. You can even purchase prints or other photo gifts (e.g., t-shirts, mugs) of your favorite pictures! **There is no cost to view pictures.**

### How do I send a Bunk Note (one-way email) to my camper?

Follow the instructions above except, after registering, simply sign in and click on the Bunk Notes button. Enter your camper's name, select the correct cabin, type your message, and hit the "Send" button.

### Can other relatives use these services?

Certainly. Once you have set up your account, you will be able to invite other people to access these services.

### Why are you switching from your old system?

There are two main reasons we are switching to a new system - the first is security. With Bunk1's services, we can better track who has access to the camp photos and who sends messages to campers. This allows you to ensure that no inappropriate users have access to pictures of your camper, as required by COPPA (Children's Online Privacy Protection Act). The second reason we are switching is so that we can focus our staff resources on providing an enriching experience for your camper, and not sorting e-mails. In recent years the volume of e-mails has steadily increased, using up more and more staff time and camp resources to handle. While we encourage the communication between you and your camper, we thought it best to move to a system that would make it easier for us to manage the incoming e-mail. We appreciate your assistance in helping to support this new system

### Why do I have to pay to send Bunk Notes (one-way email)?

Each morning, the Bunk Notes system bundles and sorts the messages for us to print out and distribute to campers. It also protects us from computer viruses and allows us to easily manage these emails. Your payment helps us cover the cost of the system, paper, ink, and labor and, more importantly, frees us to do what we do best – be with your kids! Bunk Note credits cost \$1 each and are purchased in packs of various sizes.

### What do I do if I lost my username and password?

You can get it online by going to [www.Bunk1.com](http://www.Bunk1.com) and clicking on the link "Lost Your Password?" (to the left of the page below the sign in button). You will receive an email with your username and password within a few minutes.

## Visitor's Day - Sunday July 31

Visitor's Day falls on the last day of the first session and is for 1<sup>st</sup> session and full summer campers only. Campers leaving on this day will travel home with their parents. Please note that you will be permitted to visit your child on this date **ONLY** unless the Camp Director is informed of special circumstances and alternative arrangements have been made.

Visitors Day has been designed so that parents and campers can share experiences on the campsite, meet our staff, and enjoy a pleasant day together. Campers look forward to this day because it gives them the opportunity to show their achievements and surroundings to their families and friends.

10:00am Visitors are welcomed onto the camp grounds  
11:00am Mifkad (flagpole) Ceremony  
11:30am Presentation prepared by the campers and staff  
12:30pm Dessert reception.

Following the presentation campers are permitted to leave with their parents. Campers remaining for the second session must return to camp by 5:00pm.

### Driving Directions to Camp Kinneret (184 Rue Harisson) from Montreal

Once you get onto the 15 North, the entire trip is approximately 130 km and should take you about 1.5 hours if you travel at a consistent speed of 100km/h.

- ▶ Travel North on Highway 15 towards Ste. Agathe. Continue passed Ste. Agathe on the 15 North which will eventually become the 117 North. (Stay on the 15 North and don't get off at the 117 sign that you see before Ste. Agathe).
- ▶ Continue on the 117 North and take exit 119 -'Montee Ryan'.
- ▶ Turn right onto Montee Ryan and continue until you arrive at the traffic circle. Essentially, you want to turn left here onto the 327 North (aka Rue du Village) so exit the circle after turning 270 degrees.
- ▶ Continue on the 327 North and turn left onto Chemin du Lac Mercier following the signs that read "Labelle and La Conception" (This road is found immediately before Mercier lake so if the lake is on your left you have missed your turn!).
- ▶ Continue on Chemin du Lac Mercier and take your first right onto Rue Harrison. Travel one minute and you will arrive at Camp Kinneret!

**Please drive with extreme caution while on the camp grounds. Camp Telephone: (819) 425 – 3332.**



## Clothing & Packing List

Please limit your luggage to 2 duffel bags. It is not necessary to have a trunk or plastic shelving. Be mindful of the weight of your baggage – if you can't lift it, neither can we! Mark your luggage clearly with the tags provided. We suggest simple serviceable clothing. Social and Shabbat functions are also simple and informal. "If in doubt, leave it out!" While we encourage campers to bring their musical instruments, we also strongly urge you to leave your valuables at home as Camp Kinneret will not be held responsible for loss or damage to campers' belongings.

### Clothing

3 Sweatshirts  
4 pr pants (jeans, sweats, khakis)  
12 t-shirts  
12 pr socks  
1 raincoat/poncho  
2 sun hats  
4 pr shorts  
2 pr pajamas  
2 bathing suits  
12 pr underwear

### Medication

All prescription medications  
Must be packed in a  
Separate bag which is  
Clearly labeled with the  
Campers name. This bag  
Must be given to a Kinneret  
Staff member by a parent  
Before the camper boards  
The bus. All medication  
Must be in their original  
containers, each one clearly  
labeled with that campers name.

### Footwear

2 pr running shoes  
1 pr sandals w/ankle strap  
1 pr rain boots

### Toiletries (consider biodegradable!)

shower caddy  
soap/soap dish  
shampoo  
toothbrush & paste  
sun protection (SPF 30 or >)  
bug spray

### Miscellaneous

flashlight & batteries  
stamped/addressed envelopes  
writing paper & pen  
camera \*  
kipot  
books \*  
baseball glove \*  
musical instruments \*  
extra eyeglasses  
Mess kit (spoon, bowl, cup)  
Water Bottle (This item is extremely important as we do not sell bottled water at camp and it is strictly forbidden to bring bottled water to camp).

### Bedding & Linen

4 single sheets  
2 blankets  
2 pillow cases  
1 pillow  
1 sleeping bag  
2 beach towels  
2 bath towels

### **DO NOT PACK**

**any food / gum / candy**  
**hot pot/kettle**  
**lighter or matches**  
**mosquito coils**  
**bottled water, pop**  
**pocket knife**  
**glass bottles/jars**  
**delicate clothing**  
**skateboard**  
**rollerblades**  
**DVD/Video player**  
**cell phone, i-phone, etc.**  
**valuables**

**Our infirmary is fully stocked. It is not necessary to pack standard over the counter medications like Tylenol and Advil. The only medications campers should bring to camp are those that are required to manage an existing medical condition.**

**You may bring a personal music device. However, if this musical device also serves a purpose other than playing music (ie. internet, phone or video), it will be confiscated.**

**It is strictly forbidden to bring food or any bottled water to camp. We save the environment when each person uses his or her personal water bottle.**

**1<sup>st</sup> session LITs must pack a sleeping bag and small back pack with enough clothing & toiletries (and a bathing suit) for one night and day to be carried with them on the bus. The rest of their baggage will only arrive at camp on the 6th of July.**

\* optional